ESC Cardiovascular Round Table





Assoc. Prof. Elena ARBELO, Spain

Associate Professor Elena Arbelo is a cardiologist and cardiac electrophysiologist at Hospital Clinic of Barcelona. She is also the coordinator of the Familial Cardiomyopathies and Sudden Cardiac Death Unit and the Coordinator of Quality at the Cardiovascular Institute. Since 2010 she is an Associate professor of Universitat de Barcelona and recognized researcher of Institut d'Investigacions Biomèdiques August Pi i Sunyer (IDIBAPS).

Assoc. Prof. Elena Arbelo has been a very active member of the European Society of Cardiology (ESC), the European Heart Rhythm Association (EHRA) and the Heart Rhythm Society (HRS, United States) having served in several committees since 2010 till present. She is currently an EHRA Board and a member of the Board of the Cardiac Rhythm Association of the Spanish Society of Cardiology (SEC) until 2023. At present, she is the Chair of the Advocacy and Quality Improvement Committee at EHRA, a member of the ESC Regulatory Affairs Committee and the Coordinator of Inherited Arrhythmia Syndromes Thematic Area at the European Reference Network for rare, low prevalence and complex diseases of the heart - ERN GUARD-Heart.

In relation to Clinical Practice Guidelines (CPG), she has been part of the ESC CPG Committee since 2020, member of the writing committee of the 2019 Supraventricular Arrhythmias and 2020 Atrial Fibrillation Guidelines and Chair of the 2023 ESC guidelines on Cardiomyopathies. She has also been part of the Executive Committee for several large-scale European Registries to gather data on atrial fibrillation and guideline implementation (EORP) and of the Working Group on Cardiometabolic Diseases (including Atrial Fibrillation) of the International Consortium for Health Outcomes Measurement (ICHOM).

Assoc. Prof. Elena Arbelo is currently collaborating with health authorities (EU Health and Catalonia's Department de Salut) in relation to cardiovascular health, improving outcomes in sudden cardiac death, and medical device regulation (orphan device and post-market surveillance taskforces).

She is passionate about improving people's health and welfare and providing better value for patients by implementing patient centered-based care (VHB).